

THE BELL INN

TAKE AWAY ONLY MENU

PUB CLASSICS

Ham, Eggs and Fries Gluten & Dairy free. ~~£9.00~~ **£7.90**

Our own home cooked gammon ham with a honey and wholegrain mustard glaze.
Served with two fried free range eggs and seasoned skin on skinny fries.

Bangers 'n' Mash Gluten & Dairy free available. Linda McCartney Vegetarian sausages available. ~~£9.00~~ **£7.90**

Four different Blackgate sausages, buttery mash and garden peas served with a jug of gravy.

Chilli and Rice Gluten free. Dairy free if request no sour cream. ~~£9.00~~ **£7.90**

Homemade, a medium heat minced beef steak with onions, red kidney & baked beans.
Served with basmati rice, gluten free tortilla style chips and sour cream.

Lasagne and Garlic Bread Gluten & Dairy free available. Allow 20/30 min cook time. ~~£10.00~~ **£8.75**

Homemade, minced beef steak in a tomato and garlic sauce, with onions, celery & carrot,
using verdi & egg lasagne sheets. Served with half a garlic ciabatta & salad garnish **OR** Chips.

Chicken Curry and Rice Dairy free, Gluten free if take extra poppadum instead of Naan. ~~£11.50~~ **£10.10**

Homemade, large diced breast of chicken, in a medium hot and fruity sauce with
pineapple, sultanas, desiccated coconut in a tomato based sauce. Served with
basmati rice, a mini garlic & coriander naan, poppadum and mango chutney.

Beef Madras and Rice Dairy free, Gluten free if take extra poppadum instead of Naan. ~~£12.50~~ **£10.95**

Homemade, a hot spicy sauce with chunks of tender, slow cooked steak. Served
with a mini garlic & coriander naan, poppadum and mango chutney.

Steak and Ale Pie Gluten & Dairy free available. Allow 20/30 min cook time. ~~£12.50~~ **£10.95**

Homemade slow braised chunks of steak and onions in ale gravy topped with a homemade
short crust pastry lid and baked fresh to order. Served with fresh vegetables & choice of
potato. Please ask at point of ordering if you'd like your pie turned out of the dish.

Great British Fish and Chips Dairy free-Gluten free available. ~~£12.50~~ **£10.95**

Fresh skinless Haddock fillet - deep fried in our own beer batter,
served with skin on chunky chips, chip shop style mushy peas & tartare sauce
(garden peas **OR** Heinz baked beans may be substituted).

Fish Pie Gluten and Dairy free available, can be served without prawns or spinach. Allow 30/40 min cook time. ~~£14.00~~ **£12.25**

Homemade with a minimum 150g cooked fish, smoked haddock, cod loin, king prawns and
salmon in parsley sauce topped with fresh spinach and mash. Served with garden peas.

Sweet Chilli Chicken Gluten and Dairy free available ~~£10.00~~ **£8.75**

Fresh chicken breast deep fried in our own beer batter, served with sweet chilli dipping
sauce, seasoned skin on fries and beer battered onion rings.

American Style BBQ Chicken Fillets ~~£10.00~~ **£8.75**

American style coated chicken fillets deep fried, served with BBQ sauce, seasoned skin on
fries, sweet corn and homemade coleslaw

FROM THE GRILL

28 Day Matured Rump Steak (min 10oz/283g) Gluten & Dairy free, omit onion rings. ~~£15.00~~ **£13.15**
British/Irish, cooked to your liking and served with skin on chunky chips, roasted vine tomatoes, mushroom, onion rings and garden peas.

Gammon Steak (min 12oz/340g) Gluten & Dairy free. ~~£12.00~~ **£10.50**
Danish, served with a brace of fried free range eggs, skin on chunky chips, roasted vine tomatoes & garden peas.

BURGER BAR

Steak Long Burger (min 8oz/227g) Dairy free, Gluten free roll available. ~~£12.50~~ **£10.95**
Homemade 100% minced rump steak, pink Himalayan salt, black pepper & fresh parsley. Served in a ciabatta roll with seasoned skin on skinny fries, rocket, beefsteak tomato and griddled red onions topped with sliced gherkins.

OR Griddled Chicken Breast (min 227g) in sesame seeded bun and as above. ~~£9.00~~ **£7.15**

OR Wild Alaskan Salmon Burger (min 113g) in a sesame seeded bun and as above.

From whole fillet, no fillers, G/F. ~~£9.00~~ **£7.15**

OR Plant Based Burger (85g) in a sesame seeded bun and as above. ~~£8.00~~ **£6.35**

Organic, plant based burger. NB: May appear pink/red when cooked.

Fully Loaded Burger – on any of the above Dairy free without cheese-Lactose free mature cheddar available.

As described above, but with the addition of a slice of a thick hand cut mature cheddar

cheese, slice of back bacon and 3 beer battered onion rings. ~~£2.95~~ **£2.35**

VEGETABLE BASKET

Vegetarian Lasagne Dairy free. Allow 25/30 min cook time. ~~£9.00~~ **£7.15**

Homemade, Quorn mince in a tomato and garlic sauce, with onions, celery & carrot, using verdi & egg lasagne sheets. Served with half a garlic ciabatta & salad garnish **OR Chips.**

Bangers 'n' Mash. ~~£9.00~~ **£7.15**

Four Linda McCartney Vegetarian sausages, buttery mash and garden peas served with a jug of G/F vegetarian gravy.

Vegetable Chilli Gluten & Dairy free. ~~£8.00~~ **£6.35**

Homemade, medium hot spiced tomato based sauce with 5 beans, mixed peppers, courgette, sweet corn and onions. Served with basmati rice and G/F tortilla style chips.

Vegetable Curry Gluten & Dairy free. ~~£8.00~~ **£6.35**

Homemade, aubergine, courgette, onions, peppers and mushrooms in a medium spicy sauce, with coconut milk. Served with basmati rice & a poppadum.

Takeaways served -

Tuesday to Saturday evenings - 5pm to 7pm

and Wednesday to Saturday lunchtimes 12pm to 2pm

– book you slot now, available every 15 minutes.

SUNDAY 12pm – 2pm ROAST LUNCH and DESSERT £13.15

(£14 Lamb-if available)

Roast on its own £10.50 (Lamb £11.40-if available)

Food may be available at other times by prior arrangement min 24 hours notice.