



# THE BELL INN

## TAKE AWAY ONLY MENU

### PUB CLASSICS

- Ham, Eggs and Fries** Gluten & Dairy Free. **£8.00**  
Our own home cooked gammon ham with a honey and wholegrain mustard glaze.  
Served with two fried free range eggs and seasoned skin on skinny fries.
- Bangers 'n' Mash** Gluten & Dairy free available. Linda McCartney Vegetarian sausages available. **£8.00**  
Four different Blackgate sausages, buttery mash and garden peas served with a jug of gravy.
- Chilli and Rice** Gluten free. Dairy free if request no sour cream. **£8.00**  
Homemade, a medium heat minced beef steak with onions, red kidney & baked beans.  
Served with basmati rice, gluten free tortilla style chips and sour cream.
- Lasagne** Gluten & Dairy free available. Allow 20/30 min cook time. **£9.00**  
Homemade, minced beef steak in a tomato and garlic sauce, with onions, celery & carrot,  
using verdi & egg lasagne sheets. Served with **1** side of garlic ciabatta, salad, **OR** Chips.
- Chicken Curry and Rice** Dairy free, Gluten free if take extra poppadum instead of Naan. **£10.00**  
Homemade, large diced breast of chicken, in a medium hot and fruity sauce with  
pineapple, sultanas, desiccated coconut in a tomato based sauce. Served with  
basmati rice, a mini garlic & coriander naan, poppadum and mango chutney.
- Beef Madras and Rice** Dairy free, Gluten free if take extra poppadum instead of Naan. **£11.00**  
Homemade, a hot spicy sauce with chunks of tender, slow cooked steak. Served  
with a mini garlic & coriander naan, poppadum and mango chutney.
- Steak and Ale Pie** Gluten & Dairy free available. Allow 20/30 min cook time. **£11.00**  
Homemade slow braised chunks of steak and onions in ale gravy topped with a homemade  
short crust pastry lid and baked fresh to order. Served with fresh vegetables & choice of  
potato. Please ask at point of ordering if you'd like your pie turned out of the dish.
- Great British Fish and Chips** Dairy free-Gluten free available. **£11.00**  
Fresh skinless Haddock fillet - deep fried in our own beer batter,  
served with skin on chunky chips, chip shop style mushy peas & tartare sauce  
(garden peas **OR** Heinz baked beans may be substituted).
- Fish Pie** Gluten and Dairy free available, can be served without prawns or spinach. Allow 30/40 min cook time. **£12.50**  
Homemade with a minimum 150g cooked fish, smoked haddock, cod loin, king prawns and  
salmon in parsley sauce topped with fresh spinach and mash. Served with garden peas.
- Sweet Chilli Chicken** Gluten and Dairy free available **£9.00**  
Fresh chicken breast deep fried in our own beer batter, served with sweet chilli dipping  
sauce, seasoned skin on fries and beer battered onion rings.
- American Style BBQ Chicken Fillets** **£9.00**  
American style coated chicken fillets deep fried, served with BBQ sauce, seasoned skin on  
fries, sweet corn and homemade coleslaw

## FROM THE PIZZA OVEN

<b>12" Homemade Sourdough Pizza</b>	<b>£12.00</b>	
<b>(Wholemeal base available. (Gluten Free sourdough + £1)</b>		
<b>Choose from -</b>	<b>Classic Margarita, with fresh mozzarella slices.</b>	
<b>Ham &amp; pineapple.</b>	<b>Pepperoni</b>	<b>Sweet chilli chicken.</b>
<b>BBQ Chicken.</b>	<b>Spicy Meat Feast.</b>	<b>Spicy Veggie Feast.</b>

## BURGER BAR

<b>Steak Long Burger (min 8oz/227g)</b> Dairy free, Gluten free roll available.	<b>£11.00</b>
Homemade 100% minced rump steak, pink Himalayan salt, black pepper & fresh parsley. Served in a ciabatta roll with seasoned skin on skinny fries, rocket, beefsteak tomato and griddled red onions topped with sliced gherkins.	
<b>OR Griddled Chicken Breast (min 227g) in sesame seeded bun <u>and as above.</u></b>	<b>£8.00</b>
<b>OR Wild Alaskan Salmon Burger (min 113g) in a sesame seeded bun <u>and as above.</u></b>	
From whole fillet, no fillers, G/F.	<b>£8.00</b>
<b>OR Plant Based Burger (85g) in a sesame seeded bun <u>and as above.</u></b>	<b>£7.00</b>
Organic, plant based burger. NB: May appear pink/red when cooked.	
<b>Fully Loaded Burger – on any of the above</b> Dairy free without cheese-Lactose free mature cheddar available.	
As described above, but with the addition of a slice of a thick hand cut mature cheddar cheese, slice of back bacon and 3 beer battered onion rings.	
	<b>£2.50</b>

## VEGETABLE BASKET

<b>Vegetarian Lasagne</b> Dairy free. Allow 25/30 min cook time.	<b>£8.00</b>
Homemade, Quorn mince in a tomato and garlic sauce, with onions, celery & carrot, using verdi & egg lasagne sheets. Served with 1 side of garlic ciabatta, salad, <b>OR</b> Chips.	
<b>Bangers 'n' Mash.</b>	<b>£8.00</b>
Four Linda McCartney Vegetarian sausages, buttery mash and garden peas served with a jug of G/F vegetarian gravy.	
<b>Vegetable Chilli</b> Gluten & Dairy free.	<b>£7.00</b>
Homemade, medium hot spiced tomato based sauce with 5 beans, mixed peppers, courgette, sweet corn and onions. Served with basmati rice and G/F tortilla style chips.	
<b>Vegetable Curry</b> Gluten & Dairy free.	<b>£7.00</b>
Homemade, aubergine, courgette, onions, peppers and mushrooms in a medium spicy sauce, with coconut milk. Served with basmati rice & a poppadum.	

## Takeaways served -

**Friday & Saturday evenings - 5pm to 8.30pm**

**and Friday & Sunday lunchtimes 12pm to 2pm**

**– book your slot now, available every 15 minutes.**

**SUNDAY 12pm – 2pm ROAST LUNCH and DESSERT £13.50**

**(£14.50 Lamb-if available)**

**Roast on its own £11 (Lamb £12-if available)**

Food may be available at other times by prior arrangement min 24 hours notice.